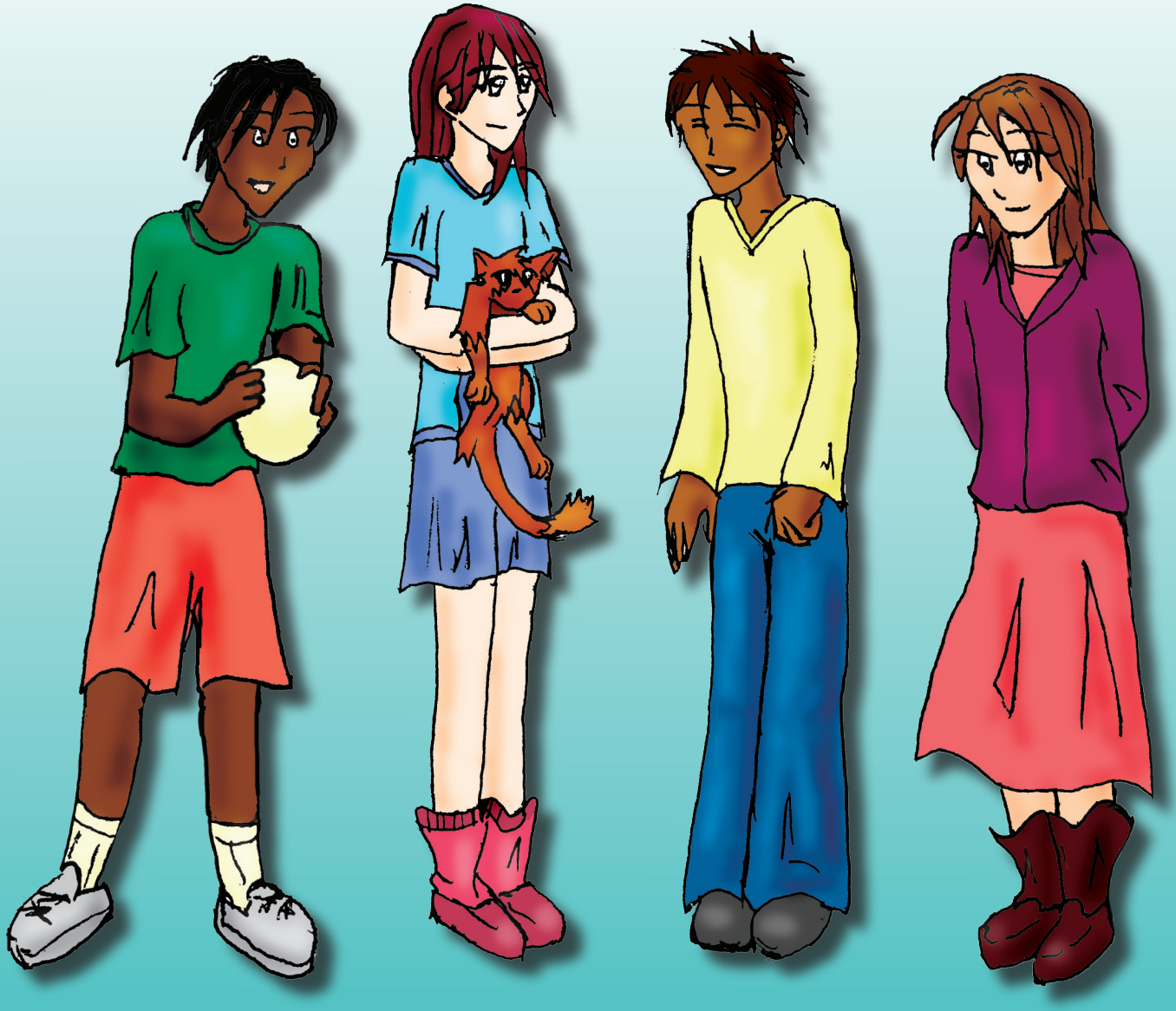
Safety for Kids



If I am scared, I can call _____

at the phone number _____

My family could also call...

In an emergency dial **9-1-1.**
ChildHelp USA: **888-SOS-CHILD (888-767-2445)**
National Domestic Violence Hotline: **1-800-799-SAFE**
PATCHS: **602-534-5086**

Note to parents.

Thanks to Iva Klippel, Dr. Dean Coonrod & Dr. Anu Partap, Bertha Martinez, PATCHS, Maricopa Association of Governments Regional Training Advisory Council, Karla Houston and Don Peyton. If you need more information about this book, please call Amy St. Peter, Human Services Division at the Maricopa Association of Governments at 602-254-6300. All illustrations done by Carolyn Warring.

MARICOPA ASSOCIATION of GOVERNMENTS

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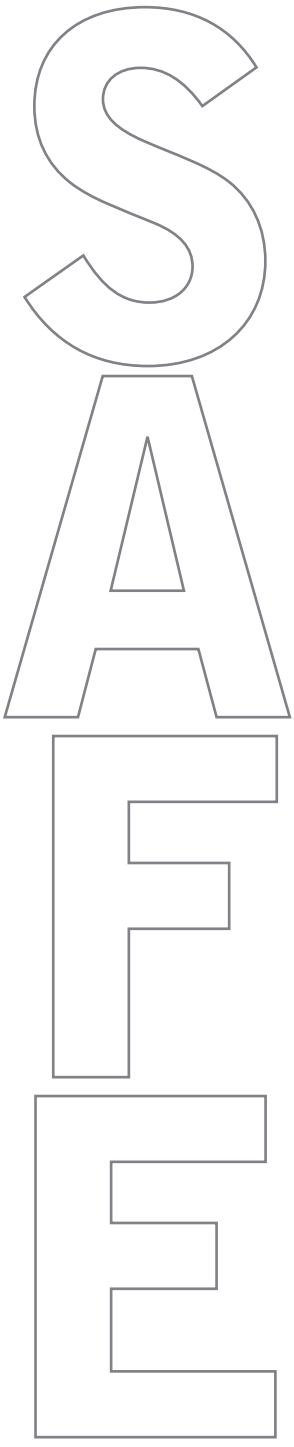
Safety for Kids

When people are fighting, remember to stay **SAFE.**



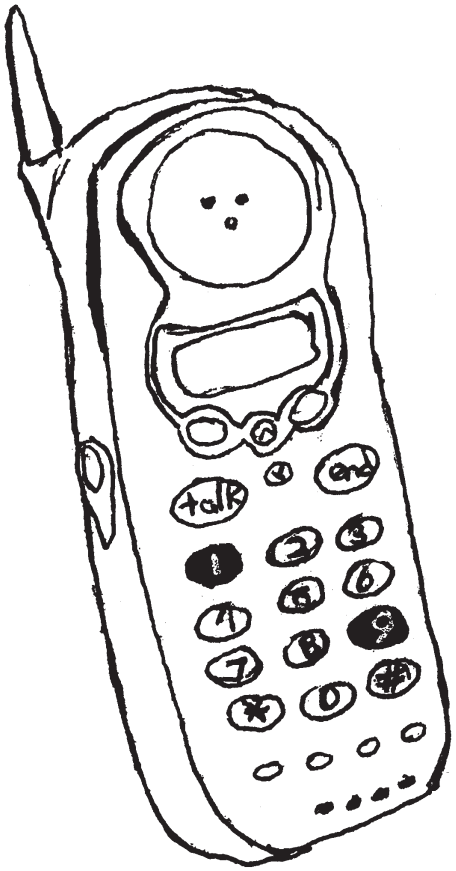
Stay out of the fight.

Ask for help.

Find an adult who will listen and keep talking until someone will help you.

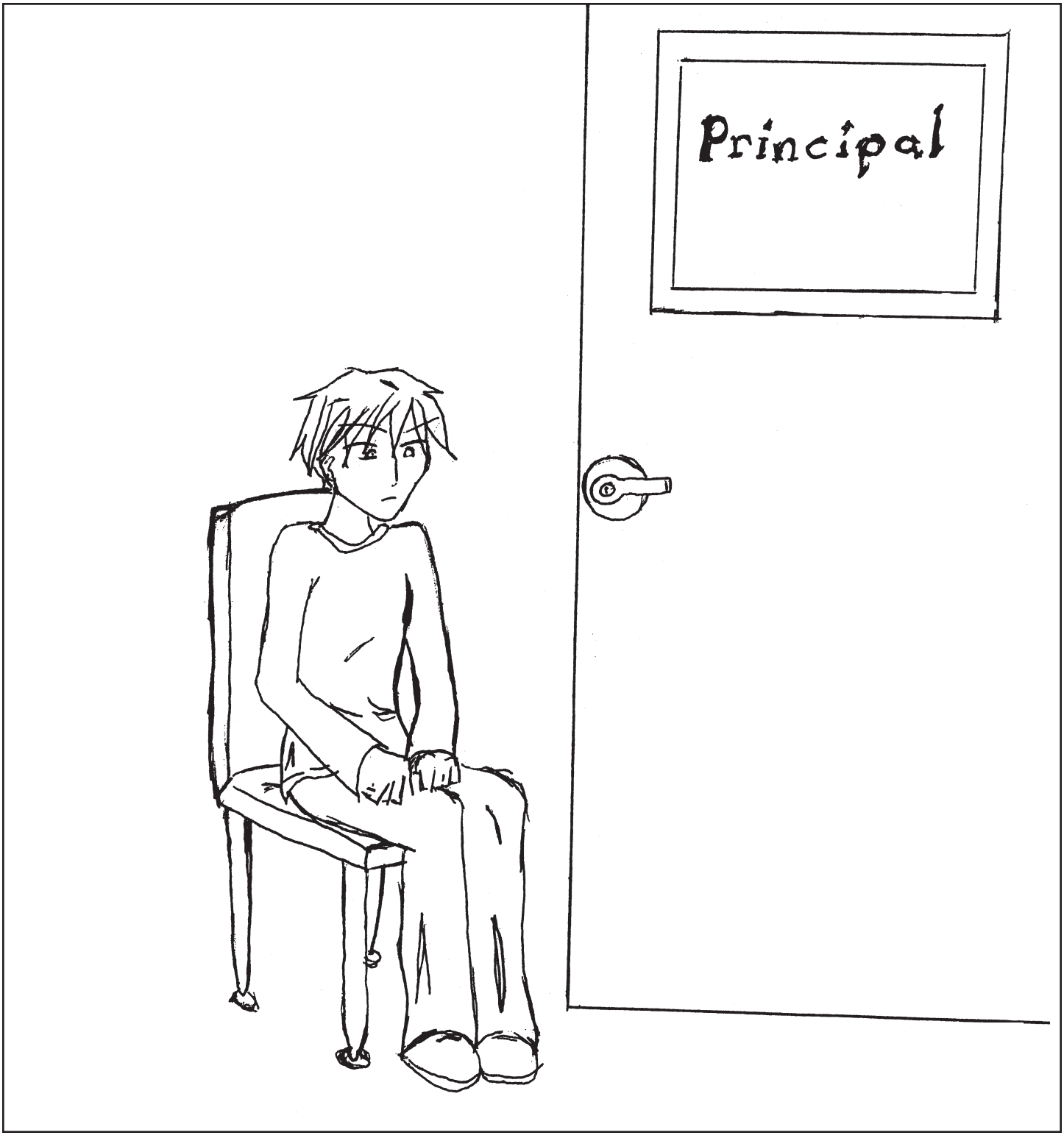
Express your feelings by talking to someone you trust.

9-1-1



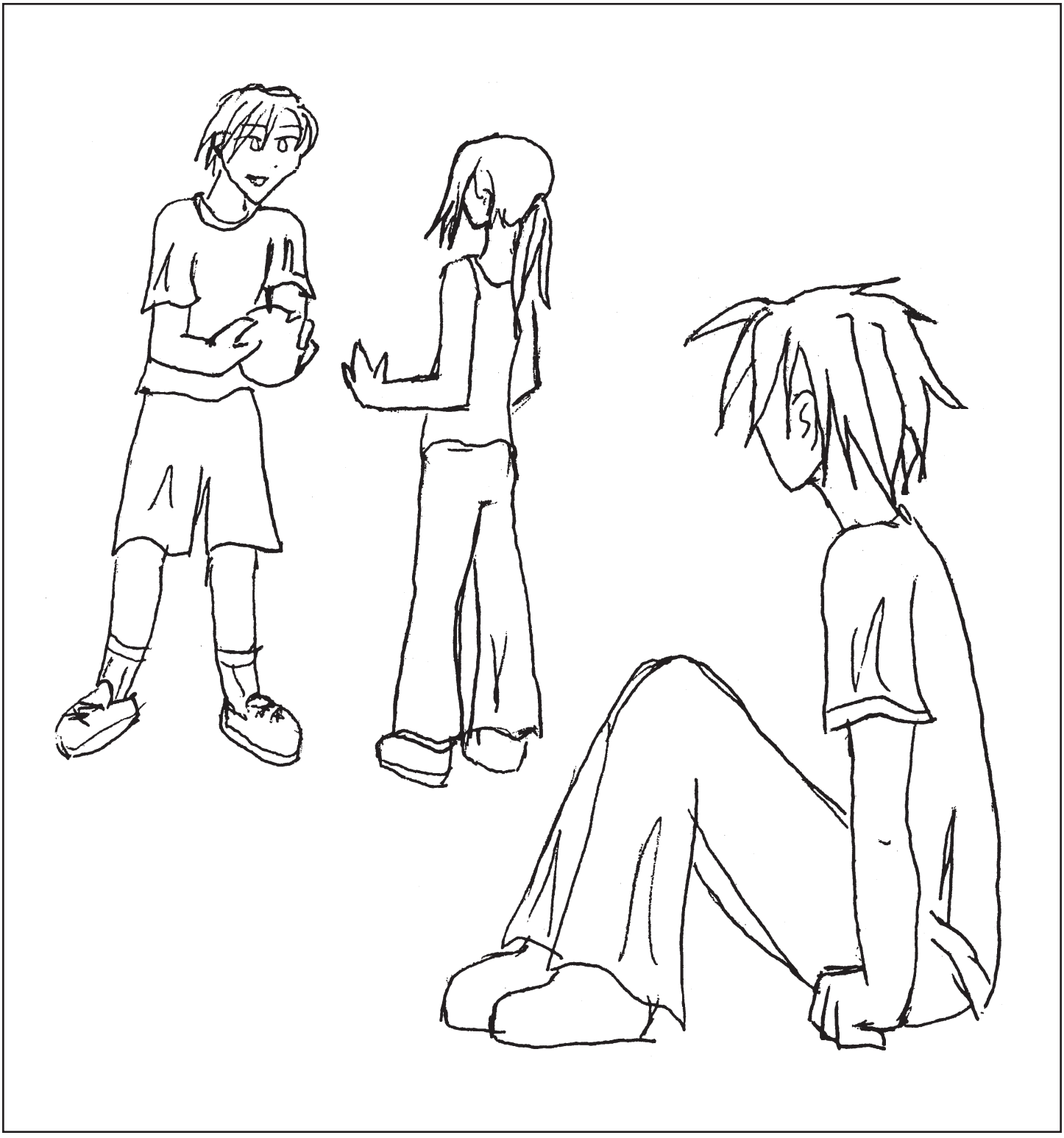
If someone is hurt or in danger, call 9-1-1.

Sometimes when people are fighting or you see something scary, you feel bad. You may get stomachaches or headaches.

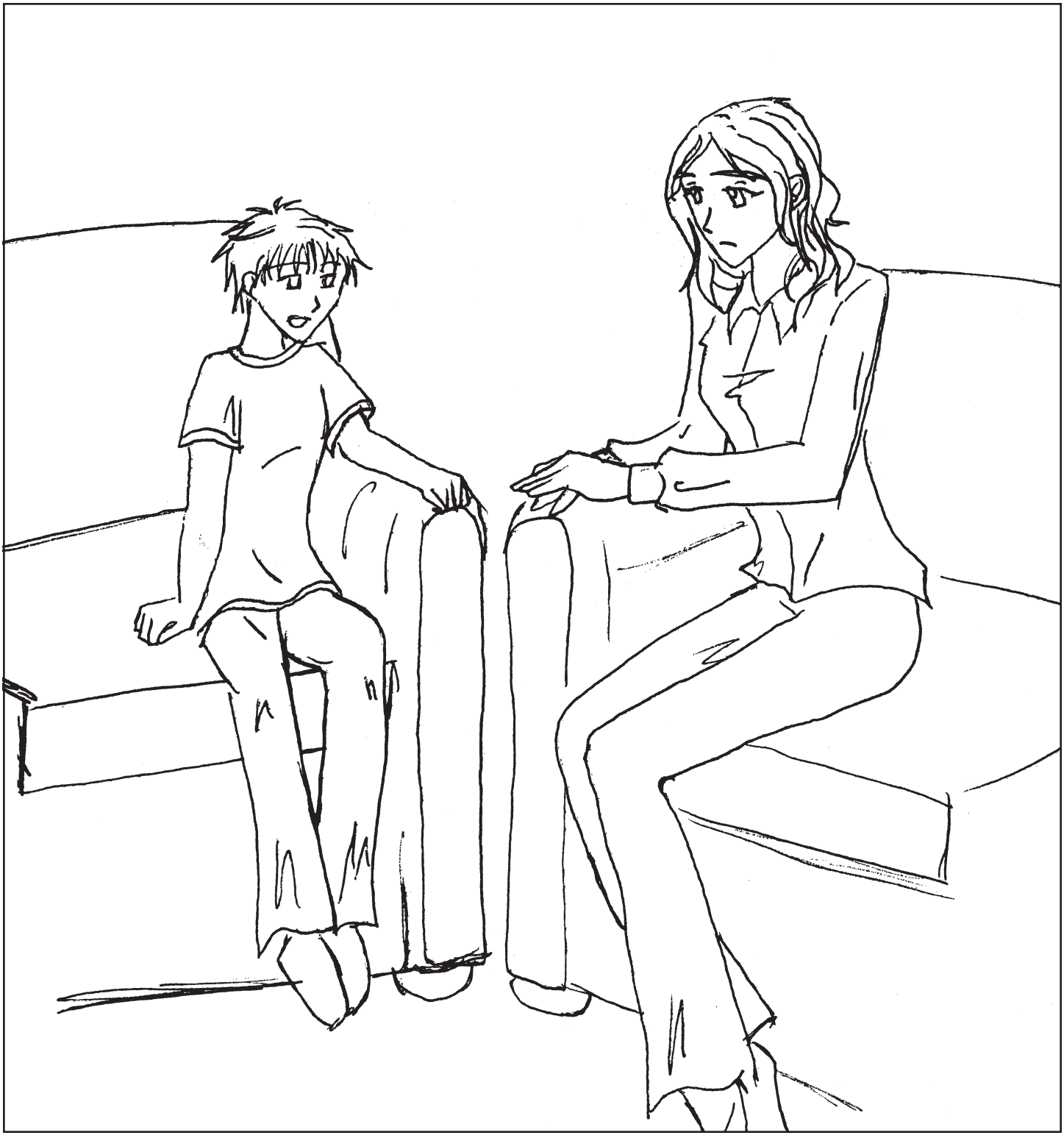


You may feel angry and get into trouble and fights at school.

You may not be able to sleep.



You may not want to play with your friends anymore.



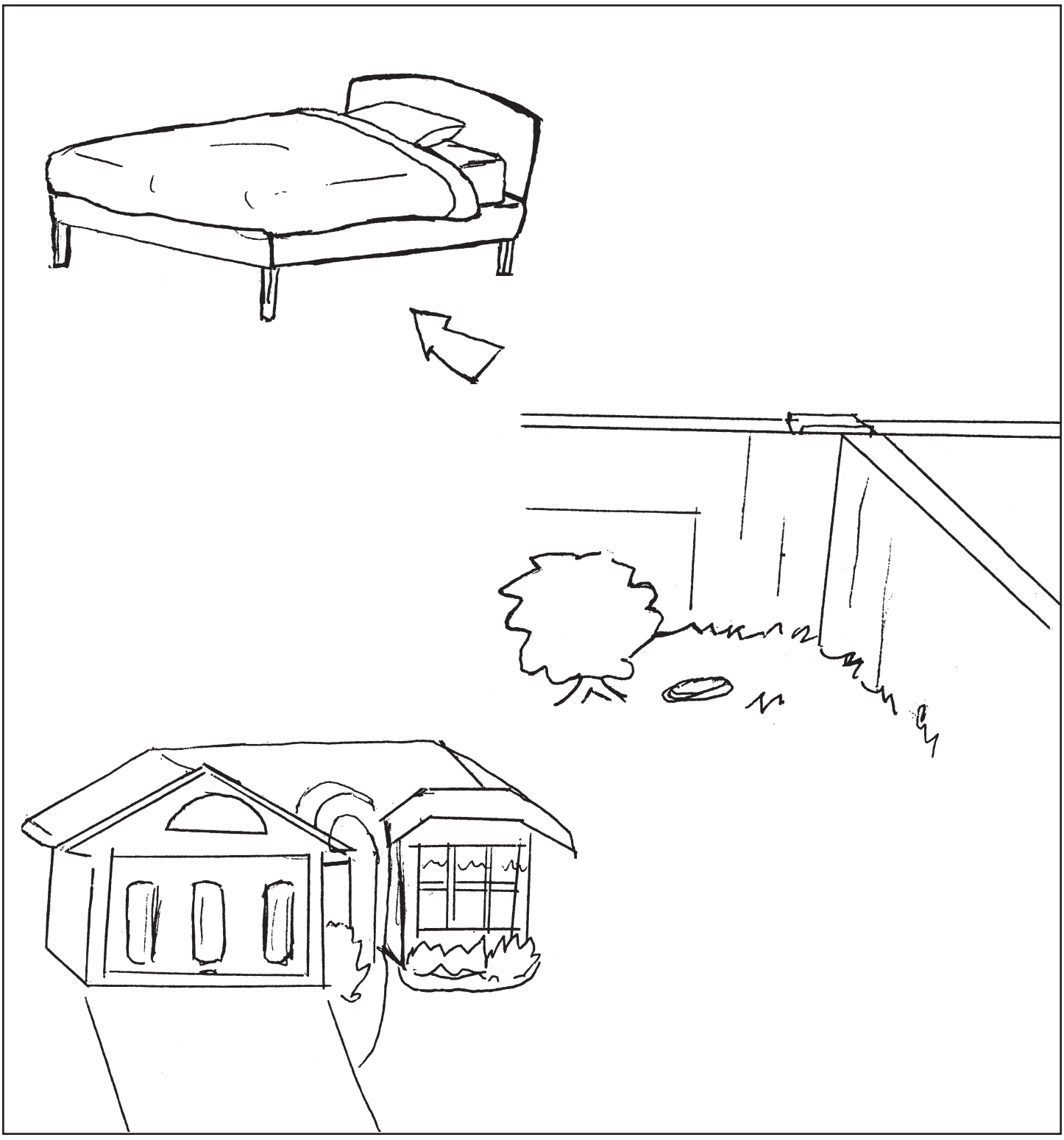
Talk to a grown-up that you trust when you feel bad.

Who are the people who keep you safe and healthy?

- Teachers and coaches
- Your friends' parents
- Police and firefighters
- Counselors, social workers, and nurses at school
- Priest, rabbi, or minister
- Doctors
- Relatives

Any other adult that keeps you safe and healthy!

Draw a picture of the people who keep you safe and healthy.

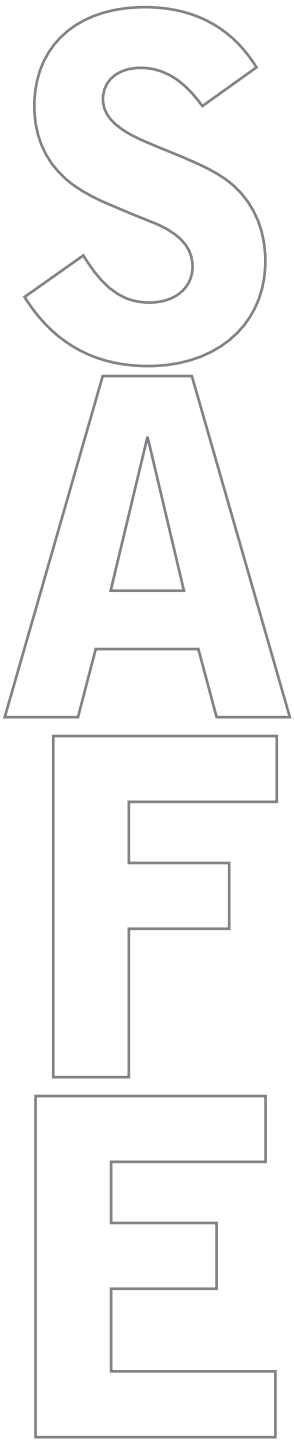


There are a lot of places you can go when you get scared. You can go under the bed, in the backyard, or to a friend or neighbor's house.

When you are scared, you can think of happy things such as your friends, your pets and your favorite things.

Draw a picture of something that makes you happy.

You know a lot about staying safe, remember to: **Talk** when you feel bad. **Call** 9-1-1 if someone is hurt or in danger. Stay **SAFE**.



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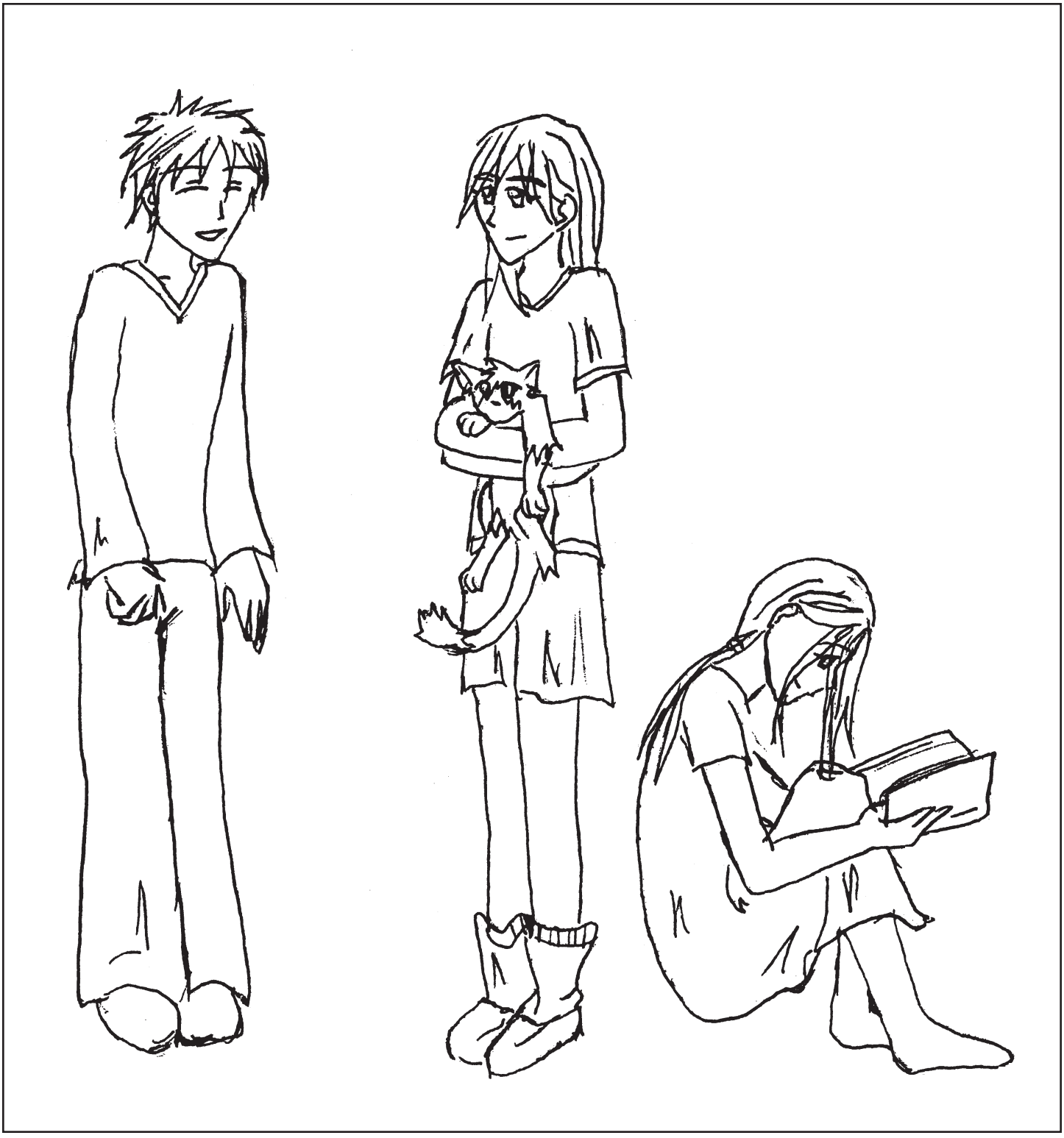

You are special and deserve to be safe and happy!