



Late-Life Domestic Violence Safety Plan

CALL 911 IF YOU ARE IN DANGER

SAFETY PLANNING

- Hide an overnight bag packed with a change of clothes and medication. Be sure to include glasses, hearing aids, dentures, or canes.
- Make copies of all your important documents such as birth and marriage certificates, deeds to property, bank account statements, IRA and pension plans, and hide them in a safe place.
- Open your own checking and/or savings account. Have a credit card in your name only.
- Change all passwords. Your abuser can discover your plans or location by monitoring your phone, cell phone, TTY, email or computer searches, and your car.
- Keep your purse, wallet and charged cell phone ready to leave suddenly.
- If you have a car, back into your driveway so you can quickly drive away. Keep the gas tank full.
- Work with a domestic violence advocate to discuss obtaining an Order of Protection.

**Call 9-1-1 and Keep the Line Open, if Unable to Leave.
Trust Your Intuition and Gut!**

IMPORTANT ITEMS TO GATHER

- ID/Social Security cards
- Bank Account Information
- Copies of important documents
- Cash/Credit Cards
- Medication
- Eye Glasses, Hearing Aids
- Extra Keys (House/Car)
- Dentures
- Important Numbers

EMERGENCY PHONE NUMBERS

National Domestic Violence Hotline
1-800-799-SAFE (7233)

SAFEDVS (Maricopa County Shelters)
480-890-3039

24-Hour *Senior* HELP LINE / DOVES
602-264-4357